

CITY OCEAN WEERT 2024



29/30 June
Blauwe Meertje Weert



1. Organisation

The competition is organized by the Stadstriathlon Weert foundation in collaboration with the Lifesavingsclubs Echt, Heythuysen, Weert.

2. Location

The competition location is the Blauwe Meertje, Heihuisweg, Weert.

3. Participants

On June 29 & 30 there will be an ocean competition for the B, A and M categories for both individual and relay events. On June 30, there will be competitions for the C, D categories, both for individual and relay events.

The competition is open to national and international participation. Entitled to start are BAM athletes who comply with the ILSe regulations and for C & D athletes who comply with the Dutch regulations of the Dutch Lifesaving Association.

The teams consist of a minimum of 1 athlete and a maximum of 12 athletes (maximum 6 men and 6 women).

ASPIRANTS E

Those who have a year of birth 2016 are allowed to swim for the aspirants D. A mixed team may consist of a maximum of 6 participants. The coach is responsible that E-participants are well trained to participate in the D category.

ASPIRANTS D

For the aspirants D, those who have a year of birth between 2013 and 2015 swim. One girls' and/or boys' and/or mixed team may consist of a maximum of 6 participants. The participants must be in possession of at least junior rescuer 1 of the Dutch Lifesaving Association.

ASPIRANTS C

For the aspirants C, those who have a year of birth 2010 to 2012 swim. One girls' and/or boys' and/or mixed team may consist of a maximum of 6 participants. The participants must be in possession of at least junior rescuer 4 of the Dutch Lifesaving Association.

JUNIOR B

For the juniors B, those who have a year of birth 2006 to 2009 swim.

A women's and/or men's team may consist of a maximum of 6 participants. The participants must be in possession of at least a swimming rescuer 3 of the Dutch Lifesaving Association.

SENIOR A

For seniors A, those with birth year 2005 or earlier swim.

A women's and/or men's team may consist of a maximum of 6 participants. The participants must be in possession of at least swimming rescuer 3 or certificate 5 of the Dutch Lifesaving Association.

MASTERS M

For the masters M swim those with birth year 1994 or earlier.

The participants must be in possession of a certificate or diploma from the Dutch Lifesaving Association.

Competitors may only swim for one team.

4. Programme

The games start for the B-A-M

Saturday, June 29 at 9:00 am

Sunday, June 30 at 9:00 am

The games start for the C-D

Sunday, June 30 at 9:00 am

Depending on the number of registrations, the competition will take place on one or two fields.

Times subject to change, final times see program folder. The award ceremony will take place after the competition. More information can be found in due course on the website www.cityoceanweert.com. The order of the parts may change due to circumstances.

Onderdelen BAM					
Individual	Women	Men	Relay	Women	Men
Ski Race	29-6	30-6	Board Rescue Race	29-6	29-6
Board Race	29-6	30-6	Rescue Tube Rescue Race	29-6	29-6
Surf Race	30-6	29-6	Swim Teams (3 sporters)	29-6	29-6
Ocean Man/Woman	30-6	29-6	Mixed Oceanman	30-6	30-6
2K City Ocean Run*	To be decided during weekend				

Onderdelen C D; 30-6	
Individual	Rdlay
Board Race	Board Rescue Race
Run-Swim-Run	Cameron Relay
Oceanman/woman R-S-B	
750 mtr City Ocean Run*	

City Ocean Run*: Run is with sport shoes, not bare feet !!!!

5. Ranking

BAM-category:

An overall individual ranking will be drawn up (A, B and M: one ranking per category).

The ranking of 4 best out of 5 parts count.

The relays of A and M are merged.

The best 3 participants based on this ranking will receive a medal.

CD-category:

An overall individual classification will be made based on 4 categories

The best 3 participants based on this ranking will receive a medal.

The relays are added together, and the best 3 teams based on this ranking receive a medal.

6. Contest

Each athlete must wear a team cap for each event.

Whether or not to wear neoprene, vests, etc. is determined by the race management on the day of the race.

For the security of the CD-competition, cooperation is requested from each association by supplying 1 boarder (including their own board) for the security of the CD athletes on the water. **Without this security no start.**

Registration relay:

To give the opportunity for all participants to start in a Relay it is allowed to register a more teams and to combined team. Mix-teams (unless in a mix team category) are not allowed to register.

Example, Board Rescue Race (2 participants) multiple teams can be registered.

The Lifesaving organisation is responsible for the correct registration, no registration of names needed.

Combine members of multiple life saving organisations is not allowed. The planning will not take available material into account, this is a responsibility of the life saving organization.

In category B it is only allowed for B-sporters to start. In category A it is allowed to start for A, B and M participants.

7. Parking and competition location

A parking lot is available for participants, guides and spectators within walking distance of the competition location. This should be used. Parking on public roads is prohibited. Cars may continue to the competition location to unload trailers, tents, etc. For trailers there is a place at the competition field from 28-06-2024 17:00.

There is night security on Friday evening and Saturday evening. Parking is at your own risk.

8. Registration fee

BAM;

Registration fee:

Per individual start: € 5,--

Per team-start € 5,--

CD;

Registration fee:

Per individual start: € 4,--

Per team-start € 4,--

Changes after the registration period has closed costs € 5,00 per change, except for de registration. The payments must be received in the bank no later than 23-6-2024.

The team name must be stated in the description. "24COW <teamname>"

- a. Cancellation after 16-6-2024 will not be refunded.
- b. Registration

Registration is open till 16-6-2024 via mail to below mail address

Registration@CityOceanWeert.com

The document "24COW Entryform.xls" must be used for the registration of the teams. When registering for COW24, all participants declare that they agree that photos, films, etc. made by the organization may be used for publications, etc.

An disclaimer statement must be signed upon registration on the competition day.

9. Lunches

There is the possibility to order lunches. These must be ordered and paid for no later than 16-6-2024, via the extra tab at registration.

10. Lodging

The options below are available for overnight stays.

Info hotel, camping, holiday park. <http://cityoceanweert.com/overnight.html>

11. Info

For questions, except questions about the registration, you can mail to:

Info@CityOceanWeert.com

